

CESA #4 923 E. GAPLAND ST. WEST SALEM, WI 54669 FACILITATED BY LACIE KETELHUT, TRAUMA INFORMED CARE COMMUNITY COORDINATOR WITH GUNDERSEN HEALTH SYSTEM

## **GUNDERSEN** HEALTH SYSTEM.

## FROM TRAUMA TO RESILIENCE: Fostering Hope through Trauma-Informed Care

Early life experiences are the foundational building blocks for development, learning and health throughout a person's lifetime. Adverse Childhood Experiences (ACEs) and traumatic events can have a long-term negative effect on well-being, behaviors and functioning for children, adults and families.

The purpose of training is to improve professional awareness and understanding of ACE impact on child behaviors and functioning in the classroom. This training will increase the professional's ability to support children and adults who have experienced traumatic events through supportive trauma-informed strategies and services.

- Gain in-depth knowledge of ACE research
- Learn about the impact of trauma on child development
- Increase your understanding for working with challenging behaviors
- Define trauma-informed care and its impact on professional development
- Improve capacity to foster resilience
- Generate practical action steps for applying trauma-informed concepts to professional work



\$150.00 per person (includes materials, light breakfast and lunch)





Lacie Ketelhut joined gundersen National Child Protection Training Center in 2015. She coordinated Center for Effective Discipline, a national program supporting professionals in awareness, training, advocacy, community outreach and sustainability of organizational systems to support effective discipline that promote healthy child development and learning. In 2017, Lacie was offered the position of Trauma Informed Care Community Coordinator to provide training, consultation, coaching and partnership in support of our region becoming a traumainformed community.